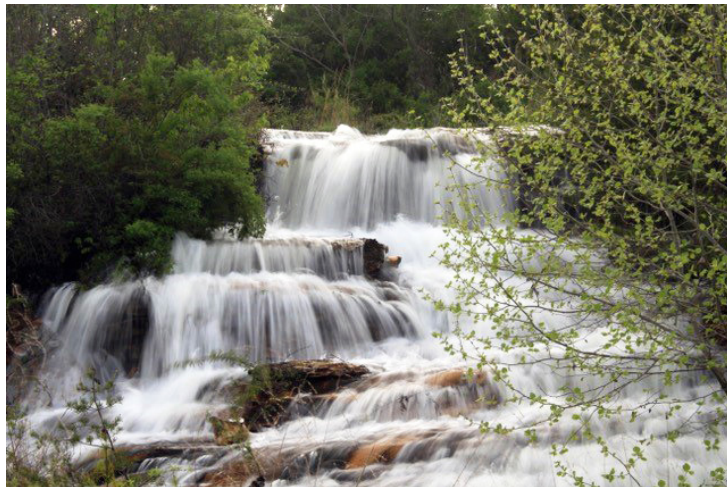




A travel lodging program for older adult residents



Life Plan Community located in Pleasant Hill, Tennessee.

Check-in: 3 p.m. or as arranged. **Check-out:** 11 a.m. or as arranged. Parking available.

Accommodations:

Studio with fully furnished kitchen with microwave, toaster, coffee pot and one bathroom. Satellite TV, free WI-FI, linens and towels are furnished. A washer and dryer are available.

Accommodation may change depending upon availability.

**TO RESERVE YOUR VISIT,
contact
Cheryl Heckler at 932-277-3519
or heckler@uplandsvillage.com**

uplandsvillage.com

Campus Offerings:

- Breakfast, Lunch, and dinner at Fletcher House by reservation 931-277-1057 (Menu and prices available when making reservation.) Payments can be made by check.
- Aquatic center with lap pool, therapy pool, and hot tub
- Wellness Gym with access Monday-Friday 8 a.m.–6 p.m. Saturday-Sunday 8 a.m.– 4 p.m.
- Game room with billiards in Fletcher House
- Munson Wood Shop (ask for liability waiver)
- Wooded trails, lake access
- Campus activities
- Pickleball/Tennis Court
- Pleasant Hill Community Church, UCC on campus
- Pioneer Hall Museum (call 277-5313 for hours)

Area Attractions

- Cumberland County Playhouse
- Nine premier golf courses
- Cumberland Mountain State Park
- Hiking trails
- Homestead Tower Museum
- Two local wineries

For further details, visit explorecrossville.com.

offered by :



The Council for Health and
Human Service Ministries
UNITED CHURCH OF CHRIST

P.O. Box 91456, Cleveland, OH 44101
chhsm.org

Uplands Village