



The Council for Health &
Human Service Ministries

United Church of Christ

Embodying Reproductive Justice

Presented by Essence Ellis

2022 CHHSM 84th Annual Gathering: Forward Together »

Welcome and Introductions

- Name
- Personal Pronouns
- Organization
- A fact that's actually fun



What is Embodiment?

“What is currently practiced or habituated in us. It is also the process of becoming more aware of practiced behaviors. [And] Developing relationship to the rhythms and impulses in our own bodies.”

- Prentis Hemphill (they/them)

What is Reproductive Justice?

"The human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities."

Beyond abortion...reproductive justice is a human right (based on the UN's Universal Declaration of Human Rights) that goes beyond just choice, it's about access. Access to "contraception, comprehensive sex education, STI prevention and care, alternative birth options, adequate prenatal and pregnancy care, domestic violence assistance, adequate wages to support our families, safe homes, and so much more."



Undoing Taboo



The Creation of God
by Harmonia
Rosales

Being present in our own body is an invitation for others to do the same.

Simultaneously, embodiment calls us to liberation within our bodies, while reproductive justice calls for the liberation of our bodies.

Discovering our pleasures and building communities with them in mind.

Speaking up and out when other people's bodies are endangered.

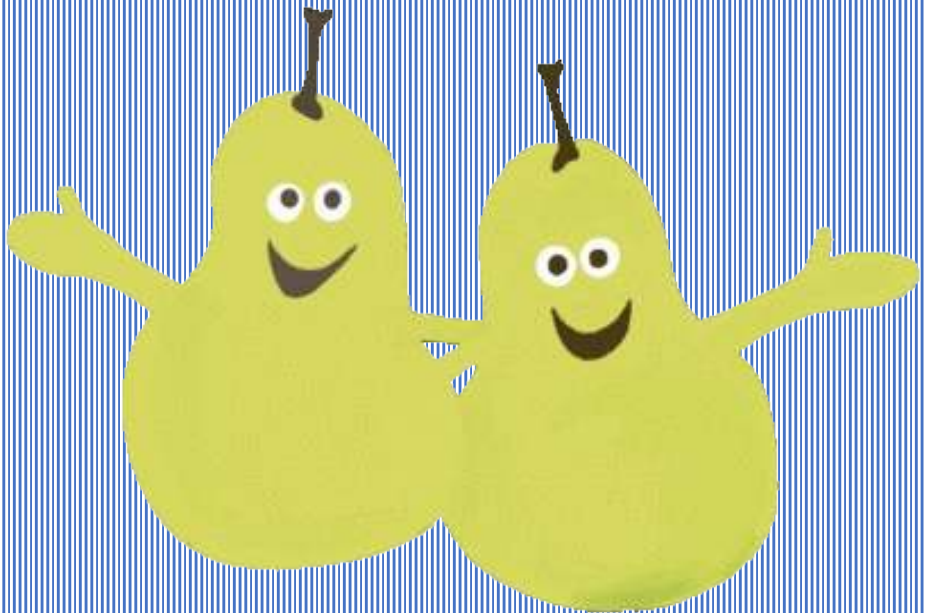
Embodiment as a Lifestyle Practice

- Breathe intentionally.
- Touch and be touched.
- Define your boundaries.
- Be cautious of excess.



Reproductive Justice in Our Daily Lives

Discussion Pears



In what ways can you imagine embodiment and reproductive justice interacting and/or intersecting?

Not just in your work, but in your life in general.

THE END