



The Council for Health &  
Human Service Ministries  

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United Church of Christ

# Visioning Hope: Grounding in Your Purpose

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Rev. Nicole Havelka, Registered Yoga Teacher

*2021 CHHSM 83rd Annual Gathering: Together in Hope*



**My Why**

**Grieve the Loss**

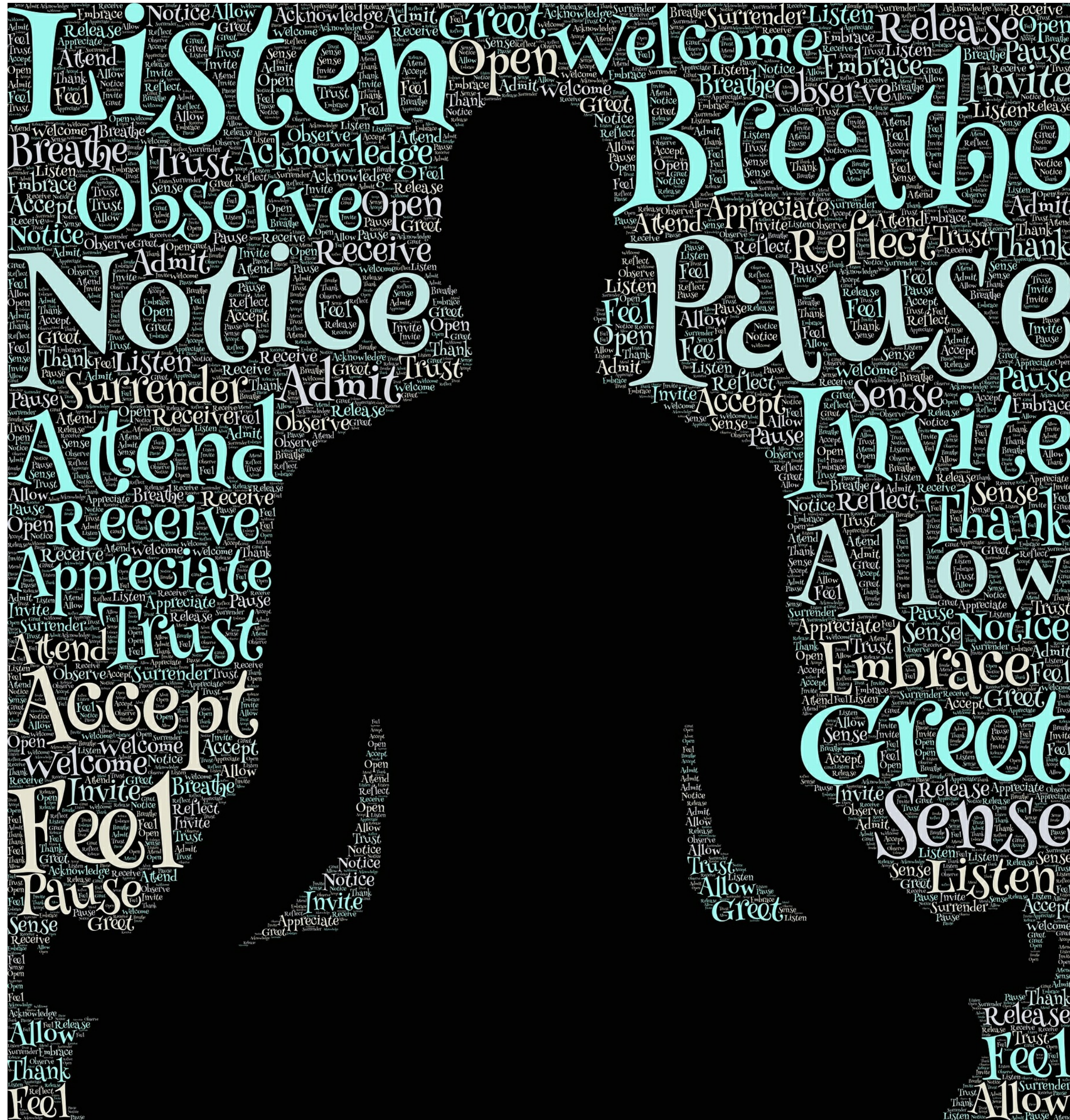
**Lean into Constraints**

**Remember WHY**

**Imagine Opportunities**

**Reinventing**







# Lean into Discomfort







**Your Constraints?**

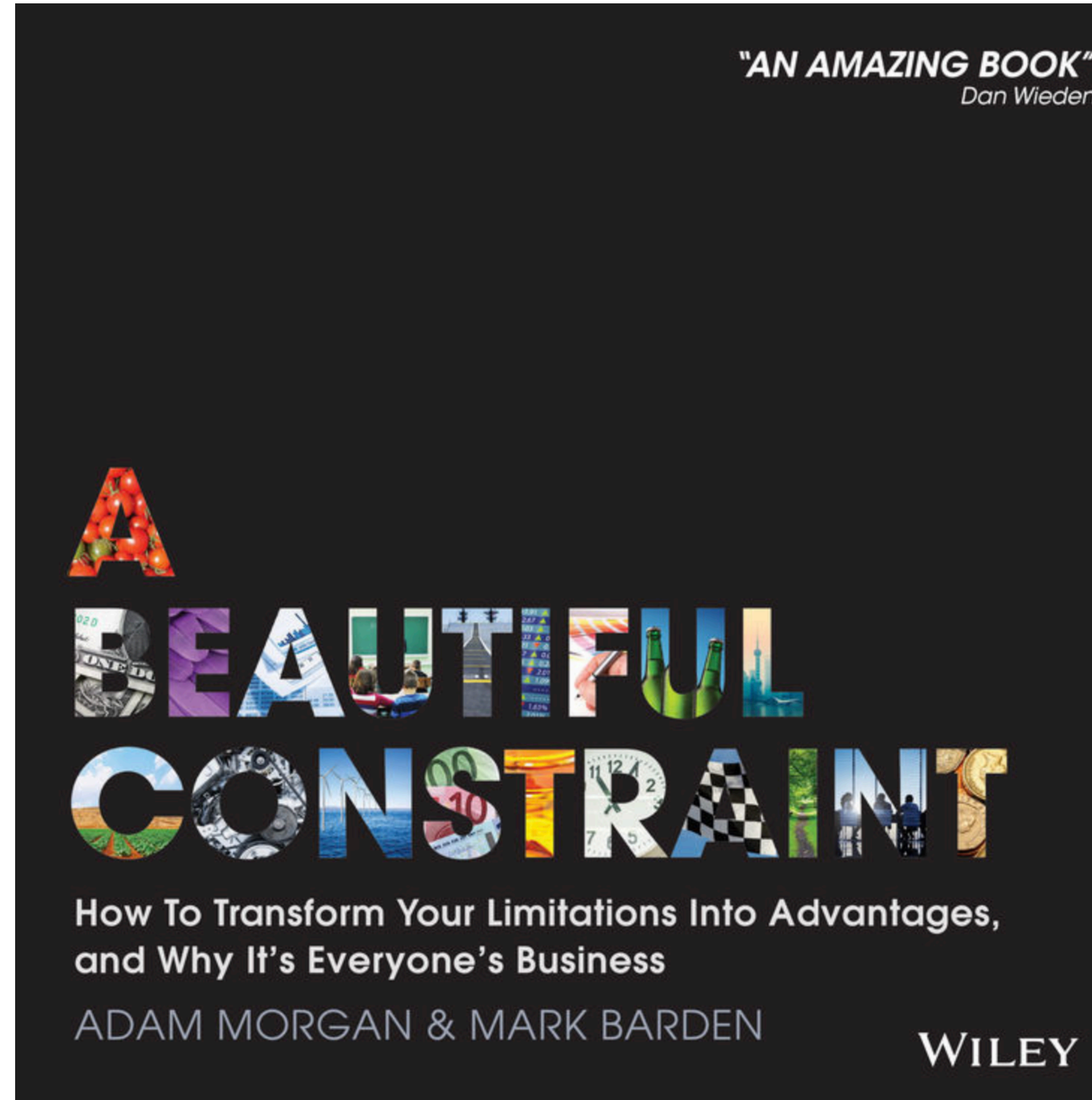


# Where is the Discomfort?





# Ask, “How,” Not “If.”





**“People don’t buy what you do,  
they buy WHY you do it.”**

- Simon Sinek, author, *Start with Why*



A photograph of a narrow dirt path winding through a dense forest. The path is light-colored and leads into the distance, flanked by thick green foliage and large trees with intricate branch structures. The scene is captured in a cinematic style with soft lighting.

**Remember Your Why**





**Reflect the Why**



**How Might We ...**

**be hope in our community**

**show love in a hurting world**

**be accomplices in the work of justice**

**?**



**Be Gentle**





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